

## What is the NICU Parent Support Program?



Geisinger's Janet Weis Children's Hospital (JWCH) Neonatal Intensive Care Unit (NICU) in Danville and Wilkes-Barre is collaborating with Parent-to-Parent of Pennsylvania (P2P of PA) to create the NICU Parent Support Program. The goal of the NICU Parent Support Program is to connect families who currently have a baby in the NICU at JWCH with families who previously had a baby in the NICU at Geisinger. If a Geisinger match cannot be made, a match with a family from the extensive Parent-to-Parent will be made.

## Are You Looking for Support?

Having a baby in the NICU can be difficult and sometimes overwhelming. Talking with a parent or caregiver who has walked in your shoes can be a lifeline. Whether it's maneuvering the grocery store or maximizing the educational supports at your child's school, a parent peer or mentor can help you through situations you face every day.

Information, resources and support you receive from a parent peer can help you make the best decisions for your child. To be matched with a parent peer or mentor in Pennsylvania, visit [parenttoparent.org](http://parenttoparent.org).



## How Can You Become a Parent Supporter?



Parent supporters will have had a child in the NICU at JWCH and be willing to share experiences and knowledge with other families. There is a required training by Parent to Parent of Pennsylvania also. If you would like to participate, please call Parent to Parent of Pennsylvania at 717.540.4772 or 1.888.727.2706.

