

Linking families of children and adults with disabilities or special needs.

1-888-727-2706

#### PENNSTATE HERSHEY



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#### NICU Parent Support Program

at Penn State Hershey Children's Hospital
Neonatal Intensive Care Unit



# What is the NICU Parent Support Program?

The NICU Parent Support Program provides support to families with children with special needs.

Penn State Hershey Children's Hospital, working with *Parent to Parent of Pennsylvania*, connects families who currently have a baby in the NICU with other families who previously have had a baby in the NICU.

### Why call NICU Parent Support Program?

When you have a baby in the NICU, it is difficult and overwhelming. Having someone who has been through similar circumstances can help.

All NICU parent supporters have received extensive training on a variety of topics, including how to be a great mentor. They stand by to support new parents through this challenging time.

## Benefits of the NICU Parent Support Program:

- Free and confidential
- Offered at your convenience
- Learn about community resources available to you

#### How do I get started?

If you are interested in being matched to a NICU Parent Supporter, call *Parent to Parent of PA* at 1-888-727-2706.

When you call, a regional coordinator asks you questions about your baby and family needs.

Based upon this information, the coordinator determines which NICU Parent Supporter would be most helpful to you. You should expect a call within forty-eight hours. It's that simple.

Together, you and the NICU Parent Supporter will determine future contacts. Each match is unique, and the number of contacts preferred by one caller may be different than that preferred by another caller. Sometimes, lifelong friendships develop.



The NICU Parent Support Program can help you find information, resources, and support to meet the needs of your unique family and parenting experiences.

