What a Peer Supporter Does Not Do

A Peer Supporter Is Not a...

...medical professional.
No medical advice should be offered to the parent. You may help to clarify questions to be asked of a medical professional or refer them to someone who you may be familiar with.

...psychologist.
A volunteer Peer Supporter provides emotional support and information. If you think a parent may be in need of professional support, please call your P2P of PA Regional Coordinator for assistance.

...a "cure-all".
A parent may be hoping to hear that "everything will be OK". Be aware of the parent’s mindset at that present moment. Keep your responses gentle, realistic and supportive. A successful match meets the Referred Parent’s needs.

...a "work horse".
You set the amount of time and energy that you have to devote. With encouragement, parents often decide what is best for their child and family. Should you feel the parent requires more parent support than you can provide, please contact your P2P of PA Regional Coordinator.

Please consider additional training at training.parenttoparent.org