

What we believe about *Individuals*:

All individuals deserve to be regarded for their abilities and treated with dignity and respect.

All individuals should have equal opportunity and access to resources in order to achieve their greatest potential and a high quality of life.

All individuals should have choice and support in order to live the lives they desire.

What we believe about *Families*:

Families each have unique experiences and perspectives and are experts about their own families.

Families' experiences and perspectives are valuable as a resource to other families.

With information, resources, and supports, families are able to make decisions that best meet their needs and enhance their quality of life.

What we believe about *Parent to Parent*:

We believe that matching families with similar experiences and needs makes a positive difference in peoples' lives.