

EMPOWER HOUR

WORKSHOP SERIES FOR PEER SUPPORTERS



- **April 21, 2026*** - *Making Connections:*
How to begin, methods of communication, how to end the connection.
- **May 27, 2026*** - *Awkward Topics:*
How to approach topics outside of your comfort zone.
- **June 18, 2026*** - *Guide the Conversation:*
How to stay on topic and redirect when the conversation veers off course.

***All sessions will be from 7-8 pm.**

Register Now!



- This is a FREE, virtual series for current Peer Supporters.
- Childcare reimbursement is available if necessary to participate.
- Space is limited, register today!

